



May 24 Discussion Questions:  
The Foundation of Prayer – Nehemiah 1  
Pastor Steve Lambert

1. Nehemiah spent four months praying because he knew that the God of heaven is powerful and sovereign.
  - Do you ever struggle to pray this confidently?
  - Does prayer ever become a last resort when you know you can't do anything yourself or a "good luck charm" that you say because you know you should? Why or why not?
2. Nehemiah knew that he didn't deserve to pray to God because he was sinful, but he prayed anyway.
  - Do you ever struggle to pray because you feel that you aren't worthy?
  - Do you ever feel that you deserve the right to pray?
  - How does the gospel correct those false ways of thinking about prayer?
3. Nehemiah asked for God's mercy based on a promise God had made to forgive and restore His people.
  - How do we have a fuller picture of God's mercy now that Christ has died for us?
  - How does that shape our prayers?
  - How does Romans 8:28-32 play into that?
4. Nehemiah asked for God's help because he knew that God had redeemed his people for a purpose.
  - What was that purpose (Nehemiah 1:11, Ezekiel 36:22-23)?
  - Do your prayers reflect that purpose?